Nature**Works** Referral Form

‘Nature**Works**’ is a 5-week nature-based wellbeing programme that connects participants with nature to improve and maintain mental health and wellbeing.

**Venue: Heritage Hub Community Garden at Denbies Wine Estate, Bradley Lane, Dorking RH5 6AA** (dates, times and exact location of sessions will be confirmed when you are allocated a place on the programme).

Please confirm the following:

**This is self-referral (please complete sections 1-4)**

**I am referring somebody else (please complete sections 1-5)**

1. **Personal Details**

|  |  |  |
| --- | --- | --- |
| First Name: | | Last Name: |
| Date of birth: | Telephone number: | |
| Address and postcode: | | |
| Email: | | |
| How did you find out about Nature**Works**? | | |
| Tell us about your current situation. Are you in employment, education, training, volunteering? | | |
| Why do you want to join Nature**Works** and what do you hope to gain from it? | | |

1. **Your participation**

|  |  |  |
| --- | --- | --- |
| If you have any access requirements, physical health conditions, mental health conditions, and/or social and emotional conditions that may affect your participation in this programme, please provide details and tell us how best we can support you: | | |
| Please provide details of any relevant medication\* you are taking:  \* Air Time staff and facilitators are not clinically trained and cannot administer any medication. You will be responsible at all times for your medication. | | |
| Please provide details of any allergies or dietary requirements you have: | | |
| Please provide the details of someone we can contact in the unlikely event of accident or illness; these details will not be passed on to any third party and will be kept securely with your information. | | |
| Emergency Contact’s name | Emergency Contact’s address | Emergency Contact’s number |
| Any other support e.g. Care Coordinator, Social Worker, Probation Officer, Friend, Neighbour, etc. | | |

1. **Participant’s Risk Screen**

Do you consider any of the following could be a risk?

|  |  |  |
| --- | --- | --- |
|  | Yes | No |
| Risk of deliberate self-injury |  |  |
| Risk of serious accidental self-injury |  |  |
| Risk of suicide |  |  |
| Risk of self-neglect |  |  |
| Risk of harm to others (aggression) |  |  |
| Risk of arson or fire-setting |  |  |
| Risk to property |  |  |
| Risk of drug/alcohol misuse |  |  |
| If you have answered YES to any of the questions, please can you provide some more information below: | | |

1. **Consent**

Air Time CIC will securely store and process the information on this form in line with UK GDPR. Your data will only be used for managing your referral, delivering the NatureWorks programme, and monitoring outcomes (anonymously where possible). It will not be shared with third parties without your consent, unless required by law (e.g., safeguarding).

You have the right to access, correct, or request the deletion of your data, and you can withdraw consent at any time by contacting [info@air-time.org.uk](mailto:info@air-time.org.uk)

By signing below, I confirm that I understand how my information will be used and give my consent for it to be processed.

|  |  |
| --- | --- |
| **Participant’s signature:** | **Date:** |

Please return the completed form to [info@air-time.org.uk](mailto:info@air-time.org.uk)

1. **Referral details**

|  |  |
| --- | --- |
| Referrer First Name: | Referrer Last Name: |
| Referrer position/team: | Referrer Organisation Name and Address: |
| Referrer contact email: | Referrer contact number: |
| I confirm I am aware of the applicant’s medical and health information and that to the best of my knowledge this form is an accurate representation of this applicant’s health status. I therefore have no objections to the applicant joining the NatureWorks Programme. | |
| **Referrer’s signature:** | **Date:** |

*NatureWorks is delivered by Air Time CIC as part of Growing Together. Growing Together is made possible with The National Lottery Heritage Fund. Using money raised by National Lottery players, Heritage Fund supports projects that connect people and communities with the UK’s heritage. Thanks to National Lottery players, we have been able to engage underrepresented communities in the Surrey Hills countryside by co-designing a programme of nature-based activities aimed at building confidence, developing skills, and improving health and wellbeing. Working with three key partners, Surrey Minority Ethnic Forum, Surrey Coalition of Disabled People and Surrey Choices (who support people with a range of disabilities, particularly learning disabilities), we hope to connect people who traditionally face barriers accessing the countryside with the wonder of the Surrey Hills National Landscape.*

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| --- | --- | --- |
| A blue circle with a hand gesture and text  Description automatically generated | A logo on a black background  Description automatically generated | A green circle with a seed  Description automatically generated |